

WORLD KIDNEY DAY
12 March 2015

wek! wKWwb w`em
12B gvP© 2015

msev` weÁwß
Avþiva

mevi Rb" wKWwb - ^v" "

wek! wKWwb w`eþmi `kg evwl©Kx - cvwb cvb Kwiþq w`bwU - šiY Ki"b!

e^avþmj&m, þde^aqviX 23, 2015- AvMvgx 12B gvP©/2015 Bs þivR e,,n` úwZevi Avgiv mviv weþk! wKWwb - ^vþ" "i Dci þdvKvm þiþL meþPþq we` —...Z cwimþi wek! wKWwb w`eþmi 10g evwl©Kx D`hvcb KiþZ hvw"Q| þbd«jwR Avš—R©vwZK ms`'v (AvBGmGb) I wKWwb dvDþÛkþbi Avš—R©vwZK þdWvþikb (AvBGdþKGd) Gi þhŠ_ Dþ`vþM wek! wKWwb w`em D`hvwcZ nþq _vþK| G eQþii cÖwZcv" nþ"Q Ómevi Rb" wKWwb - ^v" "Ó hv Avgvþ`i - šiY Kwiþq þ`q þh, Avgiv þKDB wKWwb þivþMi SzuwK I wPwKrmv myweavq GK ch©vþq þbB|

wekle`vcx kZKiv 10 fvM RbmsL`v Kgþewk wKWwb ¶wZMÖ` —| wKWwb þivþMi SuywK welþq mþPZbZv e,,wxi c_ þek `xN©| cieZ©x `kþK c~ivZb wKWwb þivM (wmþKwW) 17% nvþi e,,wxi c~e©msþKZ þ`qv nþqþQ þhwUþK wek! - ^v" " ms`'vmn Ab`vb" ms`'v,þjv `ewk!K Rb`^v" " Bmy" wnþmþe þ`LþQ|

D"p I wbgœ Dfq cÖKvi Avþqi þ`k,þjvi wKQz wKQz mæcÖ`vþqi gþa" Ab"þ`i Zzjbvq SuywKi gvÍv ,i"Zi hvi KviY Zvþ`i Avw`g DrcwĒ, Av_©-mvgvWRK Ae`'v Ges/ev Zvþ`i emevm GjvKv| G KviYwUi gþa" iþqþQ ,i"Zi Rb`^v" "MZ RwUjZv, KviY þmLvþb g~Ívkq cÖwZ`'vcb þ_ivwc AwZgvÍvq LiP mvþc¶|| Avwd«Kv, AvþgwiKv, fviZxq, wnmcvb, Gwkqv Z_v Avw`g RbMY D"p gvÍvi eûg~Í I D"p i³ Pvc þivþM f~MþQ hv c~ivZb wKWwb þivM (wmþKwW) Gi cÖavb KviY| þmKviþY Gme þjvK g~Í_wj mswk-ó KwVb þivþMi cÖþKvþc weivU SzuwKþZ iþqþQ Ges P~ovš— ch©vþq wKWwb e`_©Zvi SzuwK| D`vniY`^i" c, hy³ivþó^a Avwd«Kvb AvþgwiKvbiv wKWwb e`_©Zvi wZb,Y SzuwKþZ iþqþQ| KþKwkqvþ`i mvþ_ Zzjbv Kiþj Avwd«Kvb AvþgwiKvbiv MocovZvq þek D"p i³Pvþc f~MþQ Ges Rxeþb AvþMfvþM A`^vfvweK D"p i³Pvþci AebwZ Ges wmþKwW, þ`÷^aŠK I n,,rwcÛ e`vwai gZ D"p gvÍvq SzuwKi RwUjZvq f~MþQ|

AwaKš', Aiw¶Z RbþMvwôi gþa" cyivZb wKWwb þivM welþq e`e`'v MÖnþYi þ¶þÍ ARm^a eo eo Bmy" I P`vþjÄ iþqþQ: AwKwÁZKi Rj-e`e`'v, nvBþW^akþbi Afve, A`^v" "Ki Lv" I cvbxq Af`vm, fvlvMZ evav, wk¶v I`^v¶iZvi nvi, wbgœ Avq, þekviZi, h_vh_`^v" " exgvi Afve, Ges weþkl weþkl ms`'...wZ-mweþkl - ^v" "MZ wek!vm I Abykxjb- þKej wKQzi bvg Dþj-L Kiv þMj|

Wwe-DþKwW cwiPvjv KwgwU IFKF Gi mn-mfvwZ, W. wMjvþg©v MwWk©qv Avgvþ`i - šiY Kwiþq þ`b wKfvþe þKvb Mwie ivþó^a wKWwb þivþMi þgvKvwejv Kiv þhþZ cvþi "þgw.þKvþZ g~Í_wj mswk-ó þivþMi þkl ch©vþq Avbqb, D`vniY`^i" c GUv GKUv `ytLRbK Ae`'v| Avcbvi hw` mvgvWRK wbivcĒv bv _vþK, hw` e`w³MZ exgv bv _vþK- Avcwb þ`vix mve" — nþeb givi Rb" |

wek! wKWwb w`eřm wbřR GK M-vm cvwb cvb Ki“b Ges Ab“řKI GK M-vm cvwb cvb Kivb-wKWwb řivřMi KviřYi `^cřř Avcbvi mg_©b wewfbcœfvře cÖ`k©b KiřZ cvřibt 12B gvP©/2015 ZvwiřL Avgiv mgMÖ řemvgwiK mgvR, miKvi, `^v`” welqK řckv`vi I řivMxř`i Avnevb Rvbvw”Q- wbřRř`i wKWwbi Rb” wbřRiv GK M-vm Kři cvwb cvb Kiřeb Ges wbřRř`i cwievi, eÜzevÜe I mn-Kg©xř`iřKI GK M-vm Kři cvwb cvb KiřZ w`řeb| řMvUv weřk! wKWwb řivřMi SzuwK, řřwZ I fvi Ges wKfvře řiva Kiv hvq Ges mnřR wPwKrmv cÖ`vb Kiv hvq BZ`vw` řřřř cvwbcvb welqwU GKwU cÖZxKx Bw½Z Ges Gme welřq mřPZbZv e„wxřZ Avjvc-PvwiZvi Aviaç-AvřqvRb|

wKD cwiPvjbv KwgwUi ISN mn-mfvcwZ, W. wdwjc wj mgMÖ wKWwb RbřMvôx I Ab“ř`řK GB `ewk!K D`hvcb w`eřm mswk-ó nlqvi Rb” Avnevb řiřLřQb: 12B gvřP© GK M-vm cvwb Kiv/Kivřbv Avgvř`řK `řiY Kwiřq ř`qvi Rb” fvj gva`g Ggřg© řh, wKWwb nř”Q Acwinvh© A½ Ges Avcwb řhLvřbB evm Ki“b Ges řKvb SzuwKřZ bv _vKřřl wKWwbi hZœ wbřZ nřel `^v`”mřřZ Rxebhvív wbe©vřn c`řřc MÖnřb SzuwK Kgvřbv hvq Ges AvřMfvřM mbv³ I wPwKrmvq wKWwb řivM wejwř^Z Z_v GB řivřMi řge„wx řiva Kiv hvq|

cvwb Avcbvi wKWwb iřřv KiřZ cvřil hw`l cvwb cvřb wmřKwWi SzuwK Křg gřg© řKvb `eÁvwbK cÖgvY řbB|

ea©gvb `ewk!K AbjvBb gnov- MZ eQřii mywew`Z djvdřři Dci wfwĚ Kři Avgiv Avgvř`i wKWwb RbřMvôxřK AbjvBřb Zvř`i mg_©b Ges wmřKwW Gi wei“řx hyřx cÖe„Ě nlqvi Rb” DrmwvNZ KiřZ MwVZ nw”Q| wek! wKWwb w`em D`hvcřb řMvUv wekle`vcx NUbvejxi we`—vwiZ Zř`”i Rb” `qv Kři wfwRU Ki“b: www.worldkidneyday.org

Avgvř`i cÖPviYv AbjvBřb AbymiY Kiv řhřZ cvři GLvřb ..

wek! wKWwb w`eřmi AvřqvRK cÖm½:
wek! wKWwb w`em nř”Q řbd«jwR Avš—R©vwZK ms`’v (ISN) I wKWwb dvDřÚkřbi Avš—R©vwZK řdWvřikb (IFKF)Gi mgwš^Z GKwU řhŠ_ cÖqvm|

1960 mvřř cÖwZwôZ ISN GKwU `ewk!K AjvfRbK mwgwZ hv wekle`vcx wKWwb hřZœi Dbœqb Ges wKWwb řivřMi NUbv I cÖfve jvNře wbřew`Z cÖwZôvb| `ewk!K řbUlqvK© I Kvh©mřřgi gva`řg Avš—R©vwZK cwigŰřř wKWwb řivřMi řgvKvvejv I wPwKrmv řřřř mnřhvwmZvg~jK cÖřPóvq DbœqbKxj I DbœZ wek!řK ISN GKwřZ KiřQ|

Avřiv Zř`”i wVKvbv: www.theisn.org.

wek! wKWwb w`eřmi Awdkj Askx`vi:

wek! wKWwb w`em Gi řhme Křc©vřiU Puv`vcÖ`vbKvix GB w`bwUřK GKwU mřçve” %œewk!K Kg©m~wPřZ i`c w`řZ mnvqZv Kři _vřK Zvř`i gnvbyfe mg_©řbi cÖwZ K...ZÁ| AřbK ab`ev` iBj-

- Avgvř`i Wwe-DřKwW Askx`viř`i cÖwZ
- Avgvř`i Wwe-DřKwW mg_©Kř`i cÖwZ

- Avgv`i Wwe-D`KwW c,,ô`cvIK`i cÖwZ

msev` †hvMv†hvM:

mwd Wywc†qm

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